

AL1A 1º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45 9:00					
9:00 9:15	9.00 EMRC AL1A 10.00	9.00 MAT AL1A 10.30	9.00 MAT AL1A 9.30	9.00 MAT AL1A 10.30	9.00 Port AL1A 10.30
9:15 9:30			9.30 AE AL1A 10.00		
9:30 9:45			10.00 Port AL1A 10.30		
9:45 10:00			10.30 10.30		
10:00 10:15			10.30 10.30		
10:15 10:30					
10:30 10:45	10.30 Port AL1A 12.15				
10:45 11:00					
11:00 11:15		11.00 Est Meio AL1A 12.00	11.00 MAT AL1A 12.15	11.00 Port AL1A 12.15	11.00 MAT AL1A 12.15
11:15 11:30					
11:30 11:45					
11:45 12:00					
12:00 12:15		12.15 A.TURMA 12.15	12.15 12.15	12.15 12.15	12.15 12.15
12:15 12:30					
12:30 12:45					
12:45 13:00					
13:00 13:15					
13:15 13:30					
13:30 13:45					
13:45 14:00					
14:00 14:15	14.00 MAT AL1A 15.00	14.00 Port AL1A 15.00	14.00 Port AL1A 15.00	14.00 .EDA-EVT AL1A 15.00	14.00 AE AL1A 15.00
14:15 14:30					
14:30 14:45					
14:45 15:00					
15:00 15:15	15.00 Est Meio AL1A 16.00	15.00 .EF AL1A 16.00	15.00 AEC-AFD AL1A 16.00	15.00 .EDA-EDM AL1A 16.00	15.00 Est Meio AL1A 16.00
15:15 15:30					
15:30 15:45					
15:45 16:00					
16:00 16:15					

AL1A 1º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	OC	AEC-EXP	AEC-ING	AEC-EXP	AEC-AFD
17:00 17:15	AL1A	AL1A	AL1A	AL1A	AL1A
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL1B 1º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45 9:00					
9:00 9:15	9.00	9.00	9.00	9.00	9.00
9:15 9:30	Port AL1B	MAT AL1B	EMRC AL1B 10.00	MAT AL1B	Port AL1B
9:30 9:45					
9:45 10:00					
10:00 10:15					
10:15 10:30					
10:30	10.30	10.30		10.30	10.30
10:30 10:45			10.30		
10:45 11:00					
11:00 11:15	11.00	11.00	MAT AL1B	11.00	11.00
11:15 11:30	MAT AL1B	.EF AL1B 12.00		Port AL1B	Port AL1B
11:30 11:45					
11:45 12:00					
12:00 12:15					
12:15			12.15		
12:15 12:30					
12:30 12:45					
12:45 13:00					
13:00 13:15					
13:15 13:30					
13:30 13:45					
13:45 14:00					
14:00 14:15	14.00	14.00	14.00	14.00	14.00
14:15 14:30	Est Meio AL1B	AE AL1B	MAT AL1B	.EDA-EDM AL1B	Est Meio AL1B
14:30 14:45					
14:45 15:00					
15:00	15.00	15.00	15.00	15.00	15.00
15:00 15:15	Port AL1B	AEC-AFD AL1B	Est Meio AL1B	.EDA-EVT AL1B	Port AL1B
15:15 15:30	15.30				
15:30 15:45	AE AL1B				
15:45 16:00	16.00	16.00	16.00	16.00	16.00
16:00 16:15					

AL1B 1º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-EXP	AEC-ING	OC	AEC-AFD	AEC-EXP
17:00 17:15	AL1B	AL1B	AL1B	AL1B	AL1B
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL2C 2º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta			
8:45 9:00								
9:00 9:15	9.00	9.00	9.00	9.00	9.00			
9:15 9:30	MAT AL2C	EMRC AL2C	MAT AL2C	.Port AL2C	.EF AL2C			
9:30 9:45								
9:45 10:00		10.00					10.00	
10:00 10:15							10.00 AE AL2C	
10:15 10:30		10.30				10.30	10.30	
10:30 10:45		10.30						
10:45 11:00		.EDA-EDM AL2C						
11:00 11:15	11.00	11.30 MAT AL2C	MAT AL2C	11.00 .EDA-EVT AL2C	11.00 MAT AL2C			
11:15 11:30	Est Meio AL2C							
11:30 11:45								
11:45 12:00	12.00	12.00					12.00	
12:00 12:15	12.00 MAT 12.15	12.00 .Port 12.15				12.15	12.00 .Port 12.15	12.00 A.TURMA 12.15
12:15 12:30								
12:30 12:45								
12:45 13:00								
13:00 13:15								
13:15 13:30								
13:30 13:45								
13:45 14:00								
14:00 14:15	14.00	14.00	14.00	14.00	14.00			
14:15 14:30	Est Meio AL2C	.Port AL2C	.Port AL2C	.Port AL2C	Est Meio AL2C			
14:30 14:45								
14:45 15:00						15.00	15.00	15.00
15:00 15:15	15.00	15.00	15.00	15.00	15.00			
15:15 15:30	Port AL2C	Port AL2C	MAT AL2C	AE AL2C	AEC-AFD AL2C			
15:30 15:45								
15:45 16:00						16.00	16.00	16.00
16:00 16:15								

AL2C 2º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-AFD	OC	AEC-EXP	AEC-ING	AEC-EXP
17:00 17:15	AL2C	AL2C	AL2C	AL2C	AL2C
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL2A 2º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45 9:00					
9:00 9:15	9.00	9.00	9.00	9.00	9.00
9:15 9:30	.EDA-EVT AL2A	.EDA-EDM AL2A	MAT AL2A		EMRC AL2A
9:30 9:45			9.30		
9:45 10:00	10.00	10.00		MAT AL2A	10.00
10:00 10:15	10.00	10.00	.EF AL2A		
10:15 10:30	MAT AL2A	MAT 10.15			
10:30 10:45	10.30	10.15			
10:45 11:00		.Port 10.30	10.30	10.30	10.30
11:00 11:15					10.30
11:15 11:30					AE AL2A
11:30 11:45					11.00
11:45 12:00	11.00	11.00	11.00	11.00	11.00
12:00 12:15	.Port AL2A	MAT AL2A	.Port AL2A	Est Meio AL2A	.Port AL2A
12:15 12:30				12.00	
12:30 12:45	12.15	12.15	12.15	12.00	12.15
12:45 13:00				A.TURMA	
13:00 13:15					
13:15 13:30					
13:30 13:45					
13:45 14:00					
14:00 14:15	14.00	14.00	14.00	14.00	14.00
14:15 14:30	MAT AL2A	Est Meio AL2A	OC AL2A		Est Meio AL2A
14:30 14:45					
14:45 15:00	15.00	15.00	15.00	MAT AL2A	15.00
15:00 15:15	15.00	15.00	15.00		15.00
15:15 15:30	AEC-AFD AL2A	.Port AL2A	.Port AL2A		Port AL2A
15:30 15:45					
15:45 16:00	16.00	16.00	16.00	16.00	16.00
16:00 16:15					

AL2A 2º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-ING AL2A	AEC-EXP AL2A	AEC-AFD AL2A	AEC-EXP AL2A	AE AL2A
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL2B 2º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
8:45 9:00					
9:00 9:15	9.00	9.00	9.00	9.00	9.00
9:15 9:30	EMRC AL2B 10.00	.EDA-EVT AL2B 10.00	MAT AL2B 10.30	MAT AL2B 10.30	MAT AL2B 10.30
9:30 9:45					
9:45 10:00					
10:00 10:15					
10:15 10:30		10.15 .Port 10.30			
10:30 10:45	10.30 MAT AL2B 11.00				
10:45 11:00					
11:00 11:15	11.00 .Port AL2B 12.15	11.00 Est Meio AL2B 12.00 AE 12.15	11.00 .Port AL2B 12.15	11.00 .EF AL2B 12.00 A.TURMA 12.15	11.00 .Port AL2B 12.15
11:15 11:30					
11:30 11:45					
11:45 12:00					
12:00 12:15					
12:15 12:30					
12:30 12:45					
12:45 13:00					
13:00 13:15					
13:15 13:30					
13:30 13:45					
13:45 14:00					
14:00 14:15	14.00 Port AL2B 15.00	14.00 .EDA-EDM AL2B 15.00	14.00 AE AL2B 15.00	14.00 Est Meio AL2B 15.00	14.00 Est Meio AL2B 15.00
14:15 14:30					
14:30 14:45					
14:45 15:00					
15:00 15:15	15.00 MAT AL2B 16.00	15.00 .Port AL2B 16.00	15.00 .Port AL2B 16.00	15.00 AEC-AFD AL2B 16.00	15.00 MAT AL2B 16.00
15:15 15:30					
15:30 15:45					
15:45 16:00					
16:00 16:15					

AL2B 2º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	OC	AEC-AFD	AEC-EXP	AEC-EXP	AEC-ING
17:00 17:15	AL2B	AL2B	AL2B	AL2B	AL2B
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL3A 3º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta		
8:45 9:00							
9:00 9:15	9.00	9.00	9.00	9.00	9.00		
9:15 9:30	.PLNM AL3B	EMRC AL3A	.PLNM AL3B	MAT AL3A	MAT AL3A		
9:30 9:45							
9:45 10:00		10.00					10.00
10:00 10:15							10.00 Port AL3A
10:15 10:30		10.30				10.30	10.30
10:30 10:45		10.30 AE AL3A					
10:45 11:00		11.00					
11:00 11:15	11.00	11.00	11.00	11.00	11.00		
11:15 11:30	MAT AL3A	.PLNM AL3B	MAT AL3A	.PLNM AL3B	.EF AL3A		
11:30 11:45							
11:45 12:00		12.00			12.00	12.00	
12:00 12:15		12.15		12.00 Port 12.15	12.15	12.00 Port 12.15	12.00 A.TURMA 12.15
12:15 12:30							
12:30 12:45							
12:45 13:00							
13:00 13:15							
13:15 13:30							
13:30 13:45							
13:45 14:00							
14:00 14:15	14.00	14.00	14.00	14.00	14.00		
14:15 14:30	.PLNM AL3B	MAT AL3A	Est Meio AL3A	Ing AL3A	MAT AL3A		
14:30 14:45							
14:45 15:00		15.00	15.00	15.00	15.00	15.00	
15:00 15:15							
15:15 15:30	Est Meio AL3A	.EDA-EDM AL3A	AEC-MOV AL3A	AEC-EXP AL3A	.EDA-EVT AL3A		
15:30 15:45							
15:45 16:00	16.00	16.00	16.00	16.00	16.00		
16:00 16:15							

AL3A 3º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-MOV AL3A	Est Meio AL3A	AEC-EXP AL3A	AEC-AFD AL3A	Ing AL3A
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL3B 3º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta				
8:45 9:00									
9:00 9:15	9.00	9.00	9.00	9.00	9.00				
9:15 9:30	.Port AL3B	MAT AL3B	.Port AL3B	.EDA-EDM AL3B	Ing AL3B				
9:30 9:45				10.00	10.00				
9:45 10:00				10.00	10.00				
10:00 10:15				Port AL3B					
10:15 10:30				10.30	10.30	10.30	10.30		
10:30 10:45					10.30				
10:45 11:00					Est Meio AL3B				
11:00 11:15	11.00	11.00	11.00	11.00					
11:15 11:30	MAT AL3B	.Port AL3B	MAT AL3B	.Port AL3B	11.30				
11:30 11:45					11.30	AE AL3B			
11:45 12:00					12.00	12.00			
12:00 12:15					12.00	Port	12.00	12.00	
12:15 12:30					12.15	12.15	12.15	12.15	
12:30 12:45									
12:45 13:00									
13:00 13:15									
13:15 13:30									
13:30 13:45									
13:45 14:00									
14:00 14:15	14.00	14.00	14.00	14.00	14.00				
14:15 14:30	.Port AL3B	MAT AL3B	Est Meio AL3B	Est Meio AL3B	MAT AL3B				
14:30 14:45						15.00	15.00	15.00	15.00
14:45 15:00						15.00	15.00	15.00	15.00
15:00 15:15	15.00	15.00	15.00	15.00	15.00				
15:15 15:30	AEC-MOV AL3B	Ing AL3B	AEC-EXP AL3B	MAT AL3B	.EF AL3B				
15:30 15:45						16.00	16.00	16.00	16.00
15:45 16:00						16.00	16.00	16.00	16.00
16:00 16:15									

AL3B 3º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-EXP AL3B	AEC-AFD AL3B	AEC-MOV AL3B	EMRC AL3B	.EDA-EVT AL3B
17:00 17:15					
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL4A 4º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta			
8:45 9:00								
9:00 9:15	9.00	9.00	9.00	9.00	9.00			
9:15 9:30	MAT AL4A	.EDA-EDM AL4A	MAT AL4A	Ing AL4A	MAT AL4A			
9:30 9:45								
9:45 10:00		10.00		10.00		10.00		
10:00 10:15		10.00						
10:15 10:30		AE AL4A						
10:30 10:45	10.30	10.30	10.30	10.30	10.30			
10:45 11:00				10.30				
11:00 11:15	11.00	11.00	11.00	Est Meio AL4A	11.00			
11:15 11:30	Port AL4A	MAT AL4A	Port AL4A			.EF AL4A		
11:30 11:45								
11:45 12:00		12.00			12.00		12.00	
12:00 12:15		12.15			12.00 Est Meio 12.15		12.15	12.15
12:15 12:30								
12:30 12:45								
12:45 13:00								
13:00 13:15								
13:15 13:30								
13:30 13:45								
13:45 14:00								
14:00 14:15	14.00	14.00	14.00	14.00	14.00			
14:15 14:30	Port AL4A	Port AL4A	Port AL4A	.EDA-EVT AL4A	Ing AL4A			
14:30 14:45								
14:45 15:00				15.00		15.00	15.00	15.00
15:00 15:15								
15:15 15:30	AEC-MOV AL4A	Est Meio AL4A	MAT AL4A	Port AL4A	AEC-EXP AL4A			
15:30 15:45								
15:45 16:00	16.00	16.00	16.00	16.00	16.00			
16:00 16:15								

AL4A 4º ANO - TURMA A ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30 MAT AL4A	16.30
16:45 17:00	AEC-EXP AL4A	EMRC AL4A	AEC-AFD AL4A	17.00	AEC-MOV AL4A
17:00 17:15				17.00 Port AL4A	
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL4B 4º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta			
8:45 9:00								
9:00 9:15	9.00 MAT AL4B 10.30	9.00 AE AL4B	9.00 EMRC AL4B 10.00 10.30	9.00 MAT AL4B 10.30	9.00 MAT AL4B 10.30			
9:15 9:30		9.30						
9:30 9:45		9.30 EF AL4B						
9:45 10:00								
10:00 10:15								
10:15 10:30								
10:30 10:45						10.30		
10:45 11:00								
11:00 11:15	11.00 MAT AL4B 12.15	11.00 EDA-EDM AL4B	11.00 Port AL4B 12.15	11.00 Port AL4B 12.15	11.00 Port AL4B 12.15			
11:15 11:30								
11:30 11:45								
11:45 12:00		12.00						
12:00 12:15		12.00 A.TURMA				12.15	12.00 MAT	12.15
12:15 12:30								
12:30 12:45								
12:45 13:00								
13:00 13:15								
13:15 13:30								
13:30 13:45								
13:45 14:00								
14:00 14:15	14.00 Port AL4B 15.00	14.00 Ing AL4B	14.00 Port AL4B 15.00	14.00 Est Meio AL4B 15.00	14.00 Port AL4B 15.00			
14:15 14:30								
14:30 14:45								
14:45 15:00								
15:00 15:15	15.00 MAT AL4B 16.00	15.00 AEC-MOV AL4B	15.00 Est Meio AL4B 16.00	15.00 EDA-EVT AL4B 16.00	15.00 AEC-EXP AL4B 16.00			
15:15 15:30								
15:30 15:45								
15:45 16:00								
16:00 16:15								

AL4B 4º ANO - TURMA B ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	AEC-AFD	AEC-EXP	Est Meio	Ing	AEC-MOV
17:00 17:15	AL4B	AL4B	AL4B	AL4B	AL4B
17:15 17:30	17.30	17.30	17.30	17.30	17.30

AL3C 3º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta	
8:45 9:00						
9:00 9:15	9.00 AL3C Ing 10.00	9.00 AE AL3C	9.00	9.00	9.00	
9:15 9:30		9.30				
9:30 9:45		9.30	MAT AL3C	.Port AL3C	MAT AL3C	
9:45 10:00		10.00	.EF AL3C			
10:00 10:15						
10:15 10:30		10.30	10.30	10.30	10.30	
10:30 10:45	10.30 MAT AL3C					
10:45 11:00						
11:00 11:15		11.00	11.00	11.00	11.00	
11:15 11:30		Port AL3C	MAT AL3C	.EDA-EDM AL3C	Est Meio AL3C	
11:30 11:45						
11:45 12:00		12.00		12.00	12.00	
12:00 12:15		12.15	12.00 .Port 12.15	12.15	12.00 .Port 12.15	12.00 A.TURMA 12.15
12:15 12:30						
12:30 12:45						
12:45 13:00						
13:00 13:15						
13:15 13:30						
13:30 13:45						
13:45 14:00						
14:00 14:15	14.00 MAT AL3C 15.00	14.00	14.00	14.00	14.00	
14:15 14:30		.Port AL3C	.Port AL3C	.Port AL3C	.EDA-EVT AL3C	
14:30 14:45						
14:45 15:00		15.00	15.00	15.00	15.00	
15:00 15:15	15.00 Port AL3C 16.00	15.00	15.00	15.00	15.00	
15:15 15:30		AEC-EXP1 AL3C	Est Meio AL3C	AEC-EXP AL3C	Ing AL3C	
15:30 15:45						
15:45 16:00		16.00	16.00	16.00	16.00	
16:00 16:15						

AL3C 3º ANO - TURMA C ÁGUAS LIVRES

	Segunda	Terça	Quarta	Quinta	Sexta
16:15 16:30					
16:30 16:45	16.30	16.30	16.30	16.30	16.30
16:45 17:00	Est Meio AL3C	AEC-MOV-1 AL3C	EMRC AL3C	AEC-MOV AL3C	AEC-AFD AL3C
17:00 17:15					
17:15 17:30					
	17.30	17.30	17.30	17.30	17.30